



# Tulane University

*Not for oneself, but for one's own.*

## RESPONDENT SUPPORT RESOURCES

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**CASE MANAGEMENT & VICTIM  
SUPPORT SERVICES**

LBC Suite G02 | Monday-Friday | 8:30 AM- 5:00 PM  
(504) 314-2160 | [srss@tulane.edu](mailto:srss@tulane.edu) | [cmvss.tulane.edu](http://cmvss.tulane.edu)

# NOTE FROM CMVSS

Being accused of sexual misconduct, dating violence, domestic violence, stalking or retaliation can be confusing and stressful. Case Management and Victim Support Services can provide support to you while you are going through the conduct process. This resource guide provides campus resources that may be helpful to you during this time. Our office wants to ensure that you have all the assistance you need to help guide your future decisions.



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# RESOURCES

Some resources defined as the following:

**Anonymous:** Your identity won't be known to the resource.

**Confidential:** Nothing will be shared without your permission, except in rare circumstances.

**Private:** Information is kept as private as possible, but will be shared with key staff members.

## Case Management & Victim Support Services (CMVSS)

**Private**

**504-314-2160 (business hours)**

**504-920-9900 (after hours)**

**[tulane.edu/concerns](http://tulane.edu/concerns)**

**[srss@tulane.edu](mailto:srss@tulane.edu)**

**Lavin Bernick Center (LBC) G02**

**Monday-Friday 8:30 am – 5 pm**

CMVSS offers assistance with a variety of supportive measures, including academic adjustments and support, health & counseling referrals, housing adjustments, reporting (to university and/or law enforcement), no contact orders, and support through the recovery process.

## Concerns Report

**Private**

**[tulane.edu/concerns](http://tulane.edu/concerns)**

Any potential incident of sexual misconduct can be reported using the online form and selecting "Title IX/Sexual Misconduct" for type of report. Reports can be made anonymously; however Tulane will be limited in its ability to respond to anonymous reports.

## The Counseling Center (previously CAPS)

**Confidential**

**Uptown & Downtown Campuses**

**8:30 a.m. - 5:00 p.m. Mon-Fri**

**504-314-2277**

The Counseling Center offers students 12 free sessions per academic year. It provides both individual and group therapy as well as medication consultation and management. Same-day emergency appointments are offered at the Uptown Campus on the 1st floor of the Diboll Complex.

## The Line

**Confidential/Anonymous**

**504-264-6074**

The Line is a confidential 24-hour crisis hotline that offers immediate support for Tulane students over call or text.

## Office of Student Conduct

**Private**

**504-314-2160**

OSC is responsible for investigating reports where a Tulane student is alleged to have committed an act of sexual or gender-based harassment, sexual assault, stalking, or dating/domestic violence.

## Student Affairs Professional On Call (SAPOC)

**Private**

**Contact: 504-920-9900 or [srss@tulane.edu](mailto:srss@tulane.edu)**

The SAPOC is a professional staff member from Case Management and Victim Support Services or Housing and Residence Life who is available 24/7 to provide immediate support and assistance for urgent student concerns.

## Title IX Coordinator

**Private**

**504-865-5611**

The Title IX Coordinator ensures that all reports of sexual misconduct receive the appropriate response from the institution.

# Definitions & Terminology

Depending on when, where, and what is alleged, different policies-- and therefore different specific definitions-- will apply. Regardless of which policy applies, the following types of sexual harassment and violence are prohibited at Tulane and may also be violations of Title IX. We encourage you to read them. Here are some general definitions:

## Sexual Violence

Sexual Violence refers collectively to sexual assault, stalking, sexual harassment, dating/domestic violence, and sexual exploitation.

## Sexual Misconduct

Sexual Misconduct is how the Code of Student Conduct refers to acts of Sexual Violence when they are committed by students against any person, whether the conduct occurs on-campus or off-campus.

## Sexual Assault

Sexual contact or attempted sexual contact with another individual without Consent. An individual can be unable to consent because of age or because of temporary or permanent mental incapacity. Sexual assault includes rape (sexual intercourse) and sexual touching (fondling).

- a. Sexual intercourse (anal, oral, or vaginal), including penetration with a body part (e.g., penis, finger, hand, or tongue) or an object, or requiring another to penetrate themselves with a body part or an object, however slight
- b. Sexual touching of the private body parts, including, but not limited to, contact with the breasts, buttocks, groin, genitals, or other intimate part of an individual's body for the purpose of sexual gratification

## Consent

Consent is informed (knowing), voluntary (freely given), active (not passive), meaning that, through the demonstration of clear words or actions, a person has indicated permission to engage in mutually agreed-upon sexual activity. Consent is ongoing and cannot be obtained by force or coercion or given while incapacitated.

### Force

Force includes the use of physical violence, threats, intimidation, and/or coercion.

### Coercion

Coercion is the use of an unreasonable amount of pressure to gain sexual access. Coercion is more than an effort to persuade, entice, or attract another person to have sex. When a person makes clear a decision not to participate in a particular form of Sexual Contact or Sexual Intercourse, continued pressure can be coercive.

### Incapacitation

Incapacitation is a state beyond drunkenness or intoxication. Typical signs include slurred or incomprehensible speech, unsteady gait, combativeness, emotional volatility, vomiting, or incontinence.

## Stalking

Engaging in a course of conduct directed at a specific person that would cause a reasonable person to fear for the person's safety or the safety of others or suffer substantial emotional distress.

# Definitions & Terminology Continued

## Sexual Harassment

Sexual Harassment is prohibited by Tulane; some sexual harassment may fall within Title IX as well.

### Tulane University

At Tulane, any unwelcome sexual advance, request for sexual favors, or other unwanted conduct of a sexual nature, whether verbal, non-verbal, graphic, physical, or otherwise (including gender-based harassment—on the basis of a person's gender identity or sexual orientation) that is so pervasive, persistent, or severe that it creates a hostile environment is sexual harassment.

### Title IX

Title IX defines sexual harassment more narrowly: unwelcome conduct that a reasonable person would determine to be so severe, pervasive, and objectively offensive that it effectively denies a person equal access to a Tulane education program or activity

### Quid Pro Quo Sexual Harassment

Both Tulane and Title IX prohibit Quid Pro Quo Sexual Harassment, which occurs when a person conditions a benefit or service in a Tulane education program or activity on an individual's participation in unwelcome sexual conduct (like, a professor offering a better grade in exchange for a date). Title IX, though, applies only if that person is an employee.

## Dating/Domestic Violence

Violence that occurs between individuals who are or have been in a social relationship of a romantic or intimate nature. Dating/Domestic Violence includes sexual or physical abuse or the threat of such abuse.

## Sexual Exploitation

Sexual Exploitation refers to specific forms of Sexual Misconduct that involve non-consensual use of another individual's nudity or sexuality, excluding behavior that constitutes one of the other Sexual Misconduct offenses.

Examples include voyeurism, administering alcohol or drugs to another person for the purpose of making that person vulnerable to non-consensual sexual activity, and knowingly exposing another individual to a sexually transmitted infection or virus without the other individual's knowledge.

## Hazing

Hazing includes, but is not limited to, acts of servitude and/or behavior that humiliates, degrades, embarrasses, harasses or ridicules an individual, or otherwise is harmful or potentially harmful to an individual's physical, emotional, or psychological well-being, as an actual or apparent condition for initial or continued affiliation with any group. A student or organization violates this standard regardless of either the lack of intent to cause harm or the hazed individual's own willingness to participate.

## Victim Blaming

Victim blaming is when the victim of a crime or any wrongful act is held entirely or partially responsible for the harm that befell them. Some examples of victim blaming include "he should have liked it", "she was drunk; she must not remember things correctly", and "I know he is a really nice person and he would never do something like that."

# Options at CMVSS

Case Management & Victim Support Services offers a variety of supportive services for respondents in sexual misconduct cases. These include:

## **No Contact Orders or “NCOs”**

You may request an NCO with another Tulane student, including complainants and witnesses in your case. NCOs are issued to enhance safety, prevent retaliation, and avoid an ongoing hostile environment. A No Contact Order is issued between two students, mutually directing the students to not have contact with one another. “Contact” includes, but is not limited to, face-to-face, phone call, email, text message, instant messages, social networking sites, campus and/or regular mail, or communicating through a third party.

## **Housing Support and Adjustments**

If you feel unsafe or are worried about contact with the complainant in your current living situation, you can request housing support. If you live on campus, you can request to move to new on-campus housing. If you live off-campus, you can request to move on-campus.

**Emergency housing** can be requested when there is an immediate threat to your safety. If you need emergency housing after hours, please contact the Student Affairs Professional On-Call at 504-920-9900.

## **Academic Assistance and Supportive Measures**

Academic support can include, but are not limited to: extensions on assignments, rescheduling exams, reducing your course load, requesting consideration for absences, and changes to your class schedule to avoid contact with another student. If you request any of these supportive measures, your case manager will work with you to determine what level of detail you are comfortable sharing with your instructors.

## **Medical Leave of Absence**

If the impact of your case is significantly affecting your ability to complete your courses, you can request a leave of absence. CMVSS can provide more information about your options for a leave of absence.

## **Communicating directly with your professors**

Professors are typically understanding of extenuating circumstances. If you feel comfortable, you can communicate with your professor directly to request support. CMVSS can advocate on your behalf.

# DISABILITY & REPORTING

Do you have accommodations through the Goldman Center or think you might qualify for accommodations?

Under section 504 of the Rehabilitation Act and/or the American's with Disabilities Act, these accommodations can extend to the reporting process!

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Contact the Goldman Center to learn more by emailing [goldman@tulane.edu](mailto:goldman@tulane.edu) or calling 504-862-8433. Your case manager at CMVSS can also help you to connect with the Goldman Center and to learn more about your options.

# Mindfulness Techniques

To connect with the here and now, do something (or several things) that will bring all your attention to the present moment. Try some of these grounding and mindfulness techniques if you are experiencing distressing emotions.



## Sight

- Take a mental inventory of everything around you.
- Count all the pieces of furniture around you.
- Put on your favorite movie or TV show.
- Play a distracting game on your tablet, computer, or smartphone.
- Complete a crossword puzzle, sudoku, word search, or other puzzles.
- Read a book or magazine.



## Taste

- Bite into a lemon or lime.
- Suck on a mint or chew peppermint or cinnamon gum.
- Take a bite of a pepper or some hot salsa.
- Let a piece of chocolate melt in your mouth.



## Touch

- Hold an ice cube and let it melt in your hand.
- Put your hands under running water.
- Take a hot or cool shower.
- Grab an object and concentrate on what it feels like.
- Pop some bubble wrap.
- Massage your temples.
- If you have a pet, cuddle and pet them.
- Drink a hot or cold beverage.



## Sound

- Turn up the radio or blast your favorite song.
- Call a loved one.
- Put on some nature sounds.
- Read out loud.



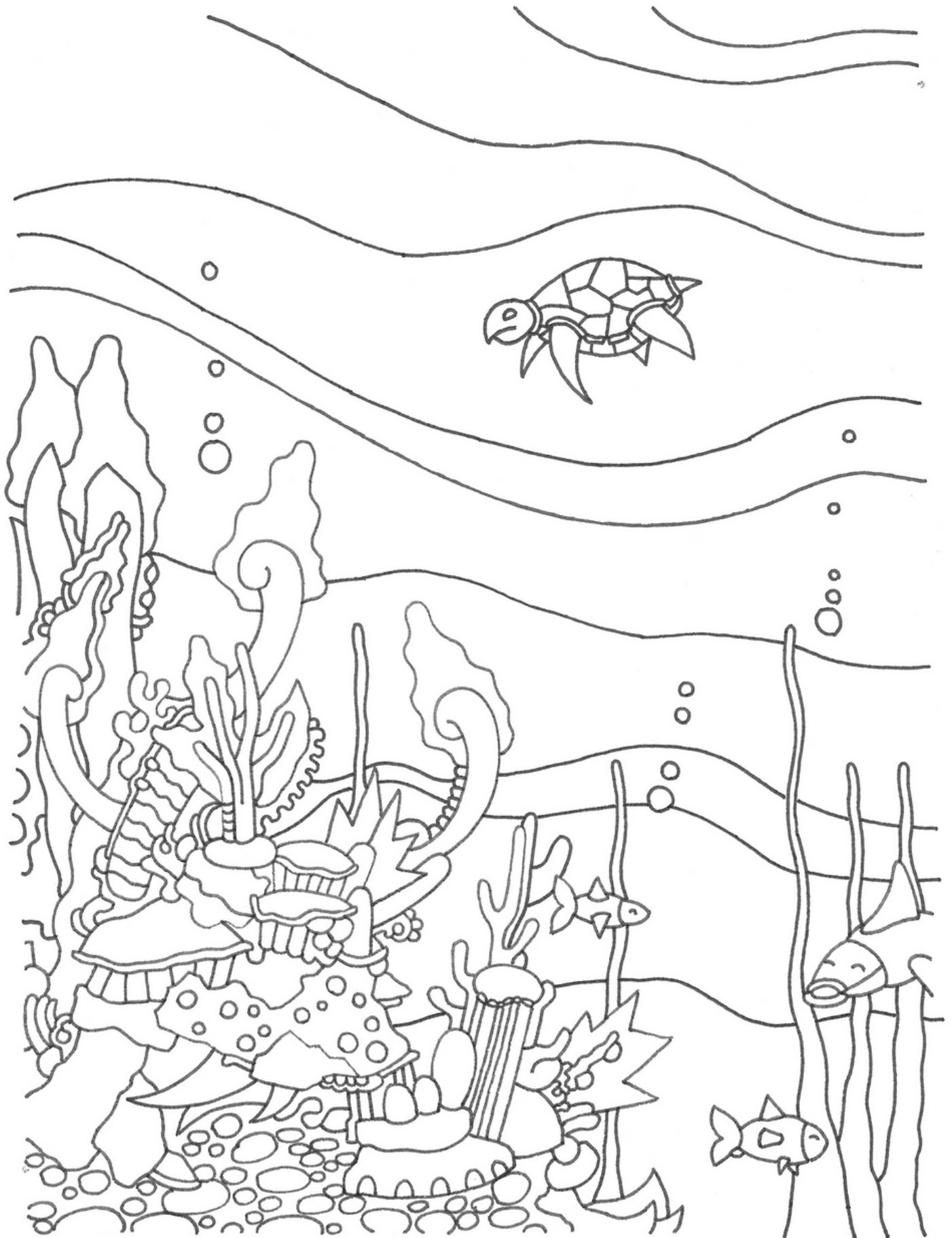
## Smell

- Sniff strong peppermint.
- Light a scented candle or melt scented wax.
- Get some essential oils and smell one.

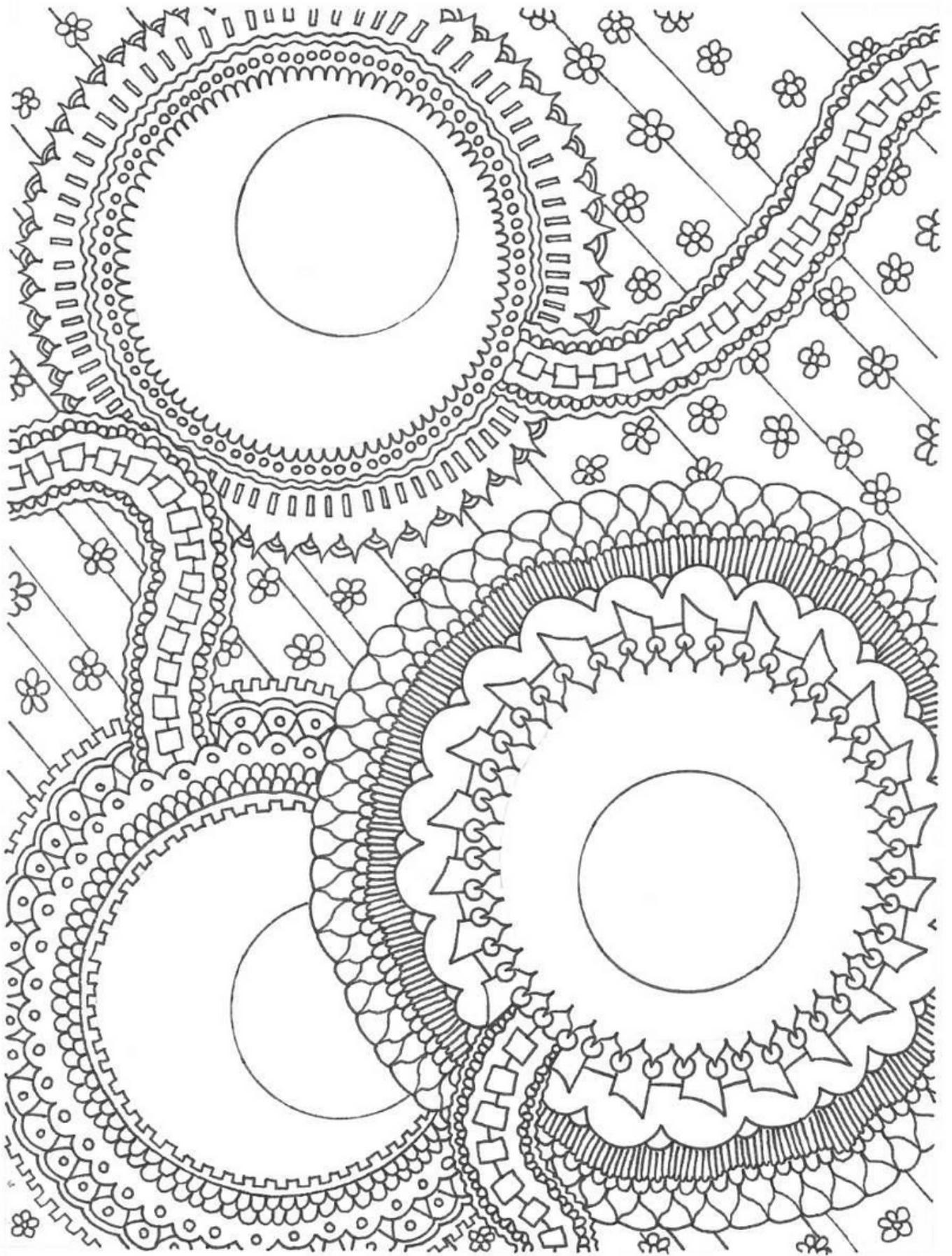


## Other

- Write in a journal.
- Write a letter or card to someone you care about.
- Dance.
- Stretch your arms, neck, and legs.
- Go for a walk or run.
- Take 10 slow, deep breaths.
- Go to another room or area for a change of scenery.



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